

Left out in the cold:- ignore someone किसी को नजरअंदाज करना.

Aman Sir English



Eg:- She was left out in the cold when the football match was going on due to her disability.

Started/get off on the wrong foot:- begin something incorrectly कोई चीज़ गलत ढंग से शुरू करना

Aman Sir English



Eg:- Their relationship started off on the wrong foot when they had a huge misunderstanding.

A leopard can't change his spots:- one cannot change who they are **कोई यह नहीं बदल सकता कि वे** Aman Sir English



Eg:- He is bound to fail the exam again, a Leopard cannot change his spots after all.

Be on breadline:- to be extremely poor अत्यंत गरीब होना
Aman Sir English



Eg:- Many people without jobs are on the breadline.

Dodged a bullet:- barely escaped from a dangerous /disaster situation बाल बाल बचना

Aman Sir English



Eg:- I thought I epically failed the exam, but I passed by just a single point. I really dodged a bullet there.

The best of both worlds:- all the advantages सारे फायदे

Aman Sir English



Eg:- I am so jealous that she gets the best of all possible worlds, she keeps eating and never gets fat.

Birds of a feather:- people with the same characteristics समान विशेषताओं वाले लोग

Aman Sir English



Eg:- Santa and Banta laughed when they saw each other wearing the same outfit and said, “Birds of a feather.”

Aman Sir English

Burn the midnight oil:- to be working until late
in the night देर रात तक काम करना

Aman Sir English



Eg:- It is very-very hard
assignment, and I had to burn
the midnight oil to get it
completed on time.

Aman Sir English

Bend over backwards:- extremely hard to help or to please someone: किसी की मदद करना या खुश करना बहुत मुश्किल है



Eg:- Banks are bending over backwards to provide facilities to the depositors .

It's a small world:- meeting someone not expected to be at a certain place किसी ऐसे व्यक्ति से मिलना जिसकी किसी निश्चित स्थान पर होने की

Aman Sir English



Eg:- Do you know my friend from school? Wow, it's a small world, isn't it?

Back to square one:- to return to the starting point

Aman Sir English

जहा के तहा



Eg:- If they do not accept our proposal, we will be back to square one Source .

Aman Sir English

Stab in the back:- to deceive someone's faith
किसी के विश्वास को धोखा देना

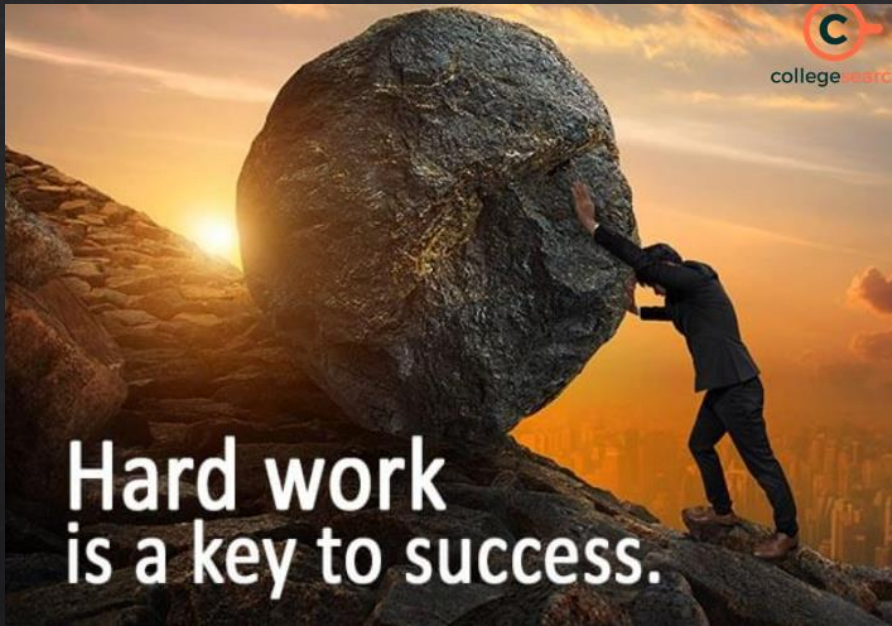
Aman Sir English



Eg:- I believed that she was my friend. I can't believe that she stabbed me in the back.

Set your sights on something:- to decide to achieve something कुछ हासिल करने का निर्णय लेना

Aman Sir English



Eg:- Neeraj Chopra has set his sights on winning the competition.

Hold your horses:- Wait a moment or be patient (often because you are moving too quickly or thoughtlessly). धैर्य रखना

Aman Sir English



Eg:- I know you're excited to see the prototype, but you all just need to hold your horses while we get set up.

Aman Sir English

As keen as mustard:- Very excited and enthusiastic.

बहुत उत्साहित होना

Aman Sir English



Eg:- She is as keen as mustard to get her hands on the new toys that her mother promised her.

Crack up/Crack someone up:- make someone laugh loudly किसी को ज़ोर से हँसाना

Aman Sir English



Eg:- The entire group cracked up at the joke of their teacher.

Aman Sir English

Slip someone's memory/mind:- to be forgotten भूल जाना
Aman Sir English



Eg:- I forgot I'd arranged to
meet Richard last night - it
completely slipped my mind.

Face the music:- Get reprimanded / be punished डाँट
खाना/दण्ड पाना

Aman Sir English



Eg:- The children broke the window pane while playing and had to face the music when their parents returned home .

Keep count of:- to remember or keep a record of a number or total. हिसाब रखना

Aman Sir English



Eg:- He's had so many different girlfriends lately that I no longer can keep count.

Throw dust in eyes:- to mislead somebody किसी को गुमराह करना

Aman Sir English



Eg:- The taxi drivers in Shimla throw dust in tourist's eyes and take too much money for a small distance.

Aman Sir English

A plum job:- an easy and high paying job एक आसान और अप्रिय काम

Aman Sir English



Eg:- He got a plum job which pays him 3 crore a year.

Keep a straight face:- to stop yourself from smiling or laughing अपने आप को मुस्कुराने या हँसने से रोकना

Aman Sir English



Eg:- She tried to keep a straight face but, unable to contain herself, burst into laughter.

Grasp at straws:- to make a desperate attempt to salvage a bad situation. किसी बुरी स्थिति से उबरने के लिए हताश प्रयास करना।

Aman Sir English



Eg:- I think they are grasping at straws to get some clients.

Aman Sir English

Made a pig's ear:- to do something badly, wrongly, or awkwardly: कोई काम बुरी तरह से, गलत तरीके से या अजीब तरीके से करना

Aman Sir English



Eg:- you made a pig's ear of this project so you are fired.

Aman Sir English

Take notice:- consider विचार करना

Aman Sir English



Eg:- Voters are beginning to take notice of him as a serious candidate.

Pros and cons:- good points and bad points फायदे और नुकसान

Aman Sir English



Eg:- Our director took a meeting and asked us to express our views on the pros and cons of the new HR policy.

Aman Sir English

Second wind:- another burst of energy when you had been too tired to finish बुरी तरह थकना

Aman Sir English

What is **Second Wind** ?



Eg:- I was going to stop working at 6:00 pm, but I got my second wind and just carried on until about 9:00 pm.

Wear your heart on your sleeve:- display your emotions openly अपनी भावनाओं को खुलकर प्रदर्शित करना

Aman Sir English

Eg:- She is a very sensitive person and wears her heart on her sleeve, so it very easy to hurt her feelings.

Aman Sir English



Fly in the ointment:- something that spoils a pleasant or enjoyable experience. कुछ ऐसा जो सुखद अनुभव को



Eg:- The fly in the ointment was that they had failed to consider regulatory requirements.

Burn one's bridges:- destroy all possible ways of going back to that situation. किसी के सारे रास्ते बंद

Aman Sir English



Eg:- Denouncing one's boss in a written resignation means one has burned one's bridge.

My hands are full:- be very busy बहुत व्यस्त रहना

Aman Sir English



Eg:- When I was working full-time, my hands were always full and I never had time to just relax and appreciate the small wonders of life.

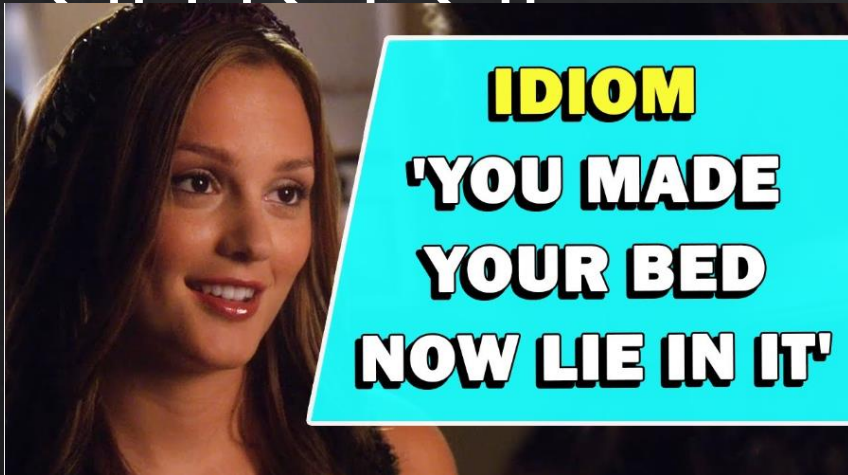
Boil the ocean:- try to do something impossible कुछ असंभव करने का प्रयास करना Aman Sir English



Eg:- You expect our plant to manufacture 40000 parts in a week you are trying to boil the ocean on this one.

You've made your bed, now lie in it:- to make a decision and to accept the consequences of those decisions
निर्णय लेना और उन निर्णयों के परिणामों को स्वीकार करना

Aman Sir English



Eg:- My mother always told me to make the right choices because once you make your bed, you have to lie in it.

Get act together:- get organized and on schedule
व्यवस्थित और निर्धारित समय पर होना

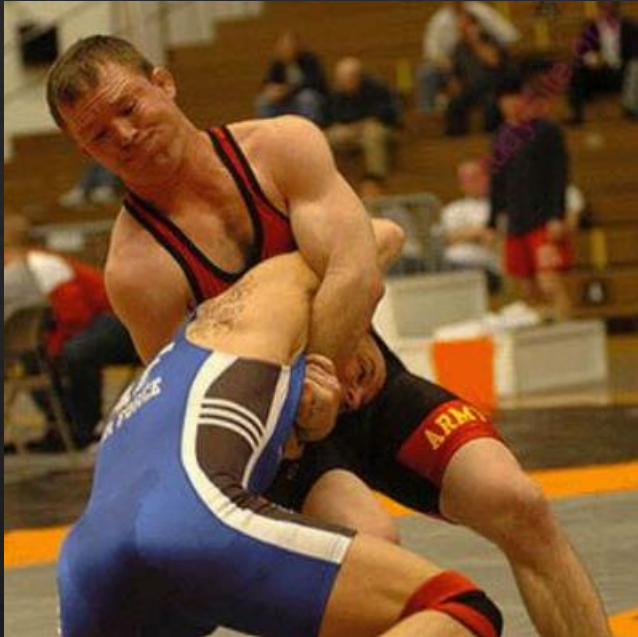
Aman Sir English



Eg:- His new boss has given him one month to get his act together, or he loses his job.

Bid defiance to:- to ignore someone किसी को
नजरअंदाज करना

Aman Sir English



Eg:- His girl friend bade defiance
to his wish to go for movie and
instead they went for lunch in
hotel.

Stand a chance:- to have a possibility or a hope of success सफलता की संभावना या आशा होना

Aman Sir English



Eg:- Do you believe that you stand a chance of getting that job?

Part and parcel:- basic or essential element मूल या
आवश्यक तत्व

Aman Sir English



Lord Krishna
said:
“Arjuna, birth and
death are part
and parcel of life.
If one is born, one
has to die one
day. Nobody can
escape from the
claws of death.”

Eg:- Ups and downs are “part
and parcel” of life. You
cannot run away from them.

Midas touch:- financially successful वितीय रूप से सफल

Aman Sir English



Eg:- Mark Zuckerberg has midas touch, he started his company in a garage, and look where he is today.

Aman Sir English

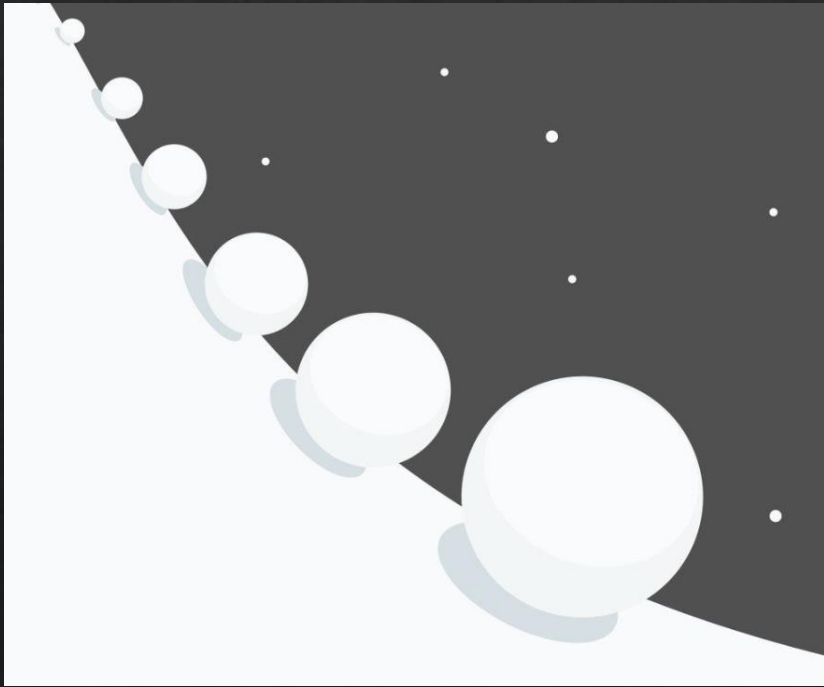
Hit the books:- to study very hard बहुत मेहनत से पढ़ाई
करना Aman Sir English



Eg:- The exams are only a month away, if you don't hit the books now, you'll surely fail.

Snowball effect:- an accelerating growth of magnitude परिमाण की तीव्र वृद्धि

Aman Sir English



Eg:- The more successful you become, the more publicity you get and that publicity generates sales. It's kind of snowball effect.

Aman Sir English

In dire straits or need:- in a very bad situation
बहुत बुरी स्थिति में

Aman Sir English



Eg:- I am totally broke and need help to buy some food for my children. We are in dire straits.

Aman Sir English

Step up to the plate:- take control of a situation
किसी स्थिति पर नियंत्रण रखना

Aman Sir English



Eg:- "It's time for Tom to step up to the plate and take on his share of work."

Under the weather:- to be ill or feel ill बीमार होना
या बीमार महसूस करना

Aman Sir English



Eg:- I have my final exam today, but I am feeling under the weather. I don't know how I will fare.

Water under the bridge:- something that happened in the past and cannot now be changed होते हुए को कोई नहीं टाल सकता या बहता हुआ पानी नहीं रुकता Aman Sir English



Eg:- Yes, we did have our disagreements but that's water under the bridge now.

Steer clear of:- avoid someone or something because it is dangerous for you किसी व्यक्ति या वस्तु से अपना वचाव करना

Aman Sir English



Eg:- After her bad experience with the previous employer, she decided to steer clear of any company with a similar work culture.

Eat humble pie:- to feel sorry and apologies for a mistake
गलती के लिए खेद महसूस करना और माफ़ी मांगना

Aman Sir English



Eg:- The lawyer had to eat humble pie in the court because the facts he presented were wrong.

Let bygones be bygones:- what's done is done जो
हो गया सो हो गया/ पुरानी गलतियों को माफ़ करना

Aman Sir English



Eg:- They decided to let bygones be bygones and made peace with each other.

Herculean task:- a task requiring huge amounts of physical strength मुश्किल काम

Aman Sir English



Eg:- It is going to be a Herculean task for the new government to stabilise the economy in its current state.

Aman Sir English

Grist to the mill:- something that gives a useful advantage. जो लाभ देता हो

Aman Sir English



Eg:- The negative comments about her performance were grist to the mill for her motivation to prove herself and work harder.

A dime a dozen:- something very common and not having much value जिसकी कोई कीमत न हो

Aman Sir English



Eg:- Coaching classes are a dime a dozen, but most of them are of low quality and do not deliver on their promise. The really good ones are far fewer.

Once in a blue moon:- Rarely कभी कभार

Aman Sir English



Eg:- My sister lives in America , so I only see her once in a blue moon.

Keep your chin up :- remain cheerful in difficult circumstances. कठिन परिस्थितियों में प्रसन्नचित्त रहना

Aman Sir English



Eg:- Rohit was keeping his chin up yesterday despite the continued setbacks.

Fit as a fiddle:- A very healthy person बहुत स्वस्थ व्यक्ति
Aman Sir English



Eg:- That woman is 50 years old
but she is running like a 20 year
old! She is as fit as a fiddle.

Hit the nail on the head:- be accurately right
about something किसी चीज़ के बारे में बिल्कुल
सही होना

Aman Sir English



Eg:- I think Mick hit the nail
on the head when he said
that what's lacking in this
company is a feeling of
confidence.

Apple of discord:- bone of contention झगड़े की जड़

Aman Sir English



Eg:- The two best friends were attracted to the same person, and that became an apple of discord between them.

Come what may:- no matter what may happen
चाहे कुछ भी हो जाये

Aman Sir English



Eg:- The girl has decided to marry him come what may. She will proceed even if her entire family is against her decision.

Aman Sir English

Hear someone out:- to listen to someone until they have said everything they want to say: किसी को तब तक सुनना जब तक कि व्यक्ति बोलना समाप्त न कर ले Aman Sir English



Eg:- I know you're furious with me,
but please hear me out.

Hue and cry:- a noisy expression of public anger or disapproval: जनता के गुस्से या अस्वीकृति की शोरगुल वाली अभिव्यक्ति.



Eg:- There has been a great hue and cry about the council plans to close the school.

Bite your tongue:- to keep yourself from saying something that you really want to say कुछ कहने से बचना

Aman Sir English



Eg:- The lady officer has a very quick temper and often fails to bite her tongue in an argument.

Let the cat out of the bag:- to reveal a secret by mistake. गलती से कोई रहस्य उजागर हो जाना।

Aman Sir English



Eg:- I wanted to keep my job offer a secret, but my little brother overheard and let the cat out of the bag.

Aman Sir English

Loaves and fishes:- materialist wealth भौतिकवादी धन

Aman Sir English



Eg:- Now a day everybody is interested only in the loaves and fishes of their jobs.

Pull yourself together:- to calm down and behave normally after an upsetting event आत्म-नियंत्रण पुनः प्राप्त करना Aman Sir English



Eg:- I know its difficult to get over your loss, but try to pull yourself together and get on with life.

Talk through one's hat:- to talk about something without understanding what you are talking about
बकवास करना

Aman Sir English



Eg:- Nothing of what he said made sense - he was talking through his hat.

Aman Sir English

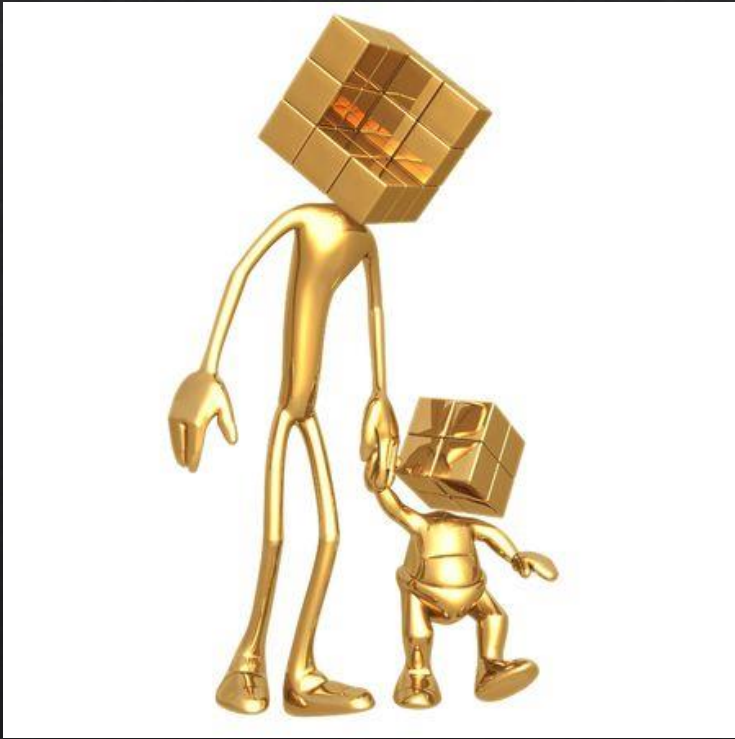
Castles in the air:- thinking of some impossible task
किसी असंभव कार्य के बारे में सोचना



Eg:- Few people want to establish a human habitation on the mars, but this is more like building castles in the sky.

Chip off the old block:- Someone similar in character to one's father अपने पिता के जैसा होना

Aman Sir English



Eg:- she smiled at Mohan, a chip off the old block with his grey eyes and a bit of his dad's twinkle".

The crux of the matter:- 'The basic, central or critical point of an issue'. 'किसी मुद्दे का मूल, केंद्रीय या महत्वपूर्ण' Aman Sir English



Eg:- The issue of an arms embargo will be at the crux of the negotiations in Geneva.

Sit on the fence:- delay or avoid making a decision or choice निर्णय या विकल्प लेने में देरी करना या टालना

Aman Sir English



Eg:- You can't sit on the fence any longer-you have to decide whose side you're on.

Aman Sir English

Backhanded compliment / left-handed

compliment:- An ambiguous compliment /insulting remark appearing as praise प्रशंसा के रूप में आलोचना

Aman Sir English

Profile
Picture

Video
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Eg:- She said my new pants really make my legs look much slimmer. What a left-handed compliment!

Aman Sir English

A piece of cake:- a very easy task बहुत आसान काम

Aman Sir English



Eg:- This job interview will be a piece of cake for Rohit because he has all the skills they need.

Elbow grease:- a lot of physical effort बहुत ज्यादा मेहनत
करना Aman Sir English



Eg:- It look a considerable amount of
polish and elbow grease before the
brass shone like new.

Carried off his feet:- Overwhelm someone emotionally; infatuate someone; make a very favorable impression on someone. किसी को भावनात्मक रूप से अभिभूत करना:

Aman Sir English



Eg:- The strength of the senator's oration carried the entire crowd off their feet.